

Helping
Others
Pursue
Eternity

Testimonies

Hands down the best place to go for support while pregnant. Not only are they very sweet and helpful, their program is awesome! This is my second pregnancy and I've attended the classes and have been able to get all I need for the baby.
(Food,diapers,clothes)

"They make you feel like you're family here. The CPR class helped me a lot... my son choked and went blue... Because of the Center, I learned how to save him."

New clients have said this program has helped them prepare better for their upcoming delivery.

CPS clients have been able to reunite with their families and have come to know the Lord through the Parenting class.

Hope Program

- Tuesday Evening
- Orientation Class 5:15
- Prenatal Classes –
 - 6:00pm
 - Facilitators: Dr. Diggs, Matt Potter, Annis Felicien, and Emily Rich.
- Newborn/Infant Classes
 - Facilitator: Sandy Allen
- Parenting Classes
 - Facilitator: Bill Allen
- Bible Study Classes, Tuesday 7:00 P.M.
 - Facilitator- Bill & Sandy Allen
- The Prenatal, Infant and Parenting class all use the Heritage House curriculum.

More Details:

- Orientation: We have orientation for both our clients as well as the CPS clients that are part of our parenting class. These orientations are held separately.
- Prenatal: On Tuesday evening the facilitators will each instruct their classes differently. Dr. Diggs and Matt Potter each have their own topics that they cover with the clients. We often hear much laughter from this class as they discuss the things to expect as they move closer to their exciting day of giving birth!
- We now have a few more Moms that have delivered their babies and the Newborn class is such a blessing to help them as they navigate through this wonderful season!
- We have a Parenting class also. This includes biblical parenting and dealing with discipline as your child gets older.
- Bill Allen is such a wonderful Relationship/Bible class Facilitator. We have seen the women get so involved and we are thankful for Bill and Sandy as they have been patient as this class grows.
- Now, you will be able to see and read a little about each class and their Facilitators.

Stacey Glass



Stacey Glass - Hope Program Coordinator



Stacey Glass

- I was a client of PRCE in 1998.
- I placed my son for adoption through Mercy Ministries
- I have been sharing my testimony for over a decade here at the center during training.
- I have a Bachelors of Social Work from University of Houston Clear Lake
- I am married and we have one daughter (5) and my son (22)
- My son and I have become very close and share our testimony about our adoptions with hopes of it being another option.

Yvonne Dowless - Hope Program Assistant



Yvonne

- I started volunteering with PRCE in March 2021.
- I'm retired from LyondellBasell, 21 years.
- I have 3 children & 7 grandchildren
- Member of Holy Trinity Catholic Church in Mont Belvieu.
- Yvonne is the assistant to the Hope Program Coordinator
- She helps with holding me together
- She assist with organization of the Hope Program
- Yvonne has 3 children with 7 grand children

Prenatal Classes

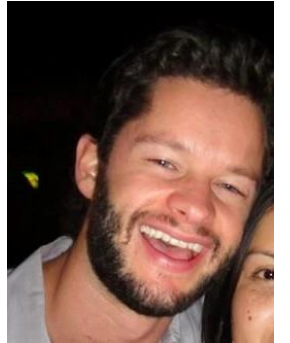
Once a month each facilitatory teaches on various topics for our Prenatal class.

- **Dr. Diggs** facilitates discussing topics such as:
 - Overall health issues during pregnancy
 - Labor
 - Delivery
- **Matt Potter** instructs on:
 - Foods to avoid during pregnancy
 - Weight gain
 - Healthy and unhealthy foods
- Once a month **Annis Felicien** and **Emily Rich** each facilitate the Prenatal Class using our Heritage House curriculum

Both Annis and Emily have a DVD or discussion that goes with their lesson.

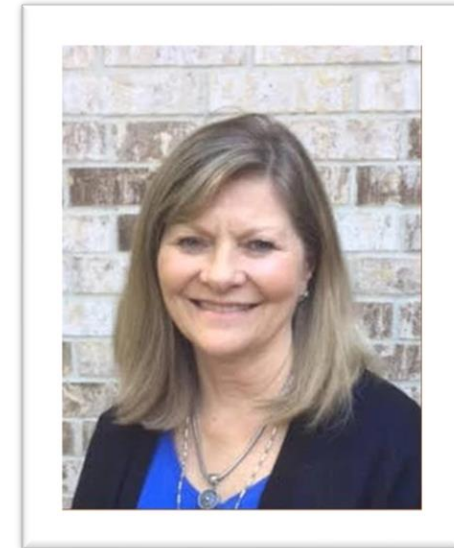
Each client is given a worksheet to go along with the DVD as well as a homework sheet.

Each one of these sheets are worth 5 “Mommy Dollars” to the client. We truly believe that the incentive of these “mommy dollars”, are a great asset for our clients where so many expenses start to add up with diapers, clothes, etc.



Newborn/Infant Class

- This class is for our clients who are new mothers.
- This class covers the new mothers from birth until their baby is six months of age, then they will then move to the Parenting class.
- Mrs. Sandy Allen facilitates this class. This curriculum covers subjects such as:
 - Immunizations
 - Infant nutrition
 - Infant CPR
 - The Importance of Bonding
 - Infant Hygiene
 - Car Seat Safety



*This class also has a DVD session, discussions, worksheets and homework sheet.
By the way, Sandy and Bill facilitate every week. (Thank you, Lord!)*

Sandy Allen

Sandy Allen: began to volunteer as a PRCE client advocate in 2014 and, also, as a Hope Program facilitator, since 2016. She attends Alliance Bible Church of Baytown and serves there as the Children's Ministry Coordinator. The Lord used her amazing stories about changed lives at PRCE to bring her husband, Bill Allen, aboard to teach Bible studies for the Hope Program. She and Bill have 4 daughters and 9 grandchildren.

Parenting Class

- This class is designed for clients whose children are six months to one year.
- This class also includes some that have been required to attend from the legal system.
- Bill Allen facilitates the parenting class weekly.
 - Keys to successful parenting
 - Developing a close-knit family
 - Providing Loving Support for your Child
 - Setting Limits - Boundaries
 - Discipline
 - Stepparenting
 - At the end of this class, they will then graduate and receive a certificate and a book.



Parenting (Continued):

This is quite the accomplishment as they have attended the program for ONE year!

We think this is a wonderful gift to young parents as they navigate through all of life's issues. Where was this class when I had my children?

By the way, Bill instructs EVERY week as well! We are so blessed to have such gifted men and women of God!

Bible Studies

The Tuesday evening Bible class is taught by **Bill Allen**.

- Teaching a series on “Relationships”
- Also, uses a curriculum with class work and homework sheets.
- Bill’s gift of discernment is an extra bonus to our clients.



Bill Allen

- Began serving at PRCE in 2017.
Attend: Alliance Bible Church
- Married to Sandy Allen and have four daughters and nine grandchildren.
- Graduate from Texas A&M University and Pepperdine University
- Former United States Marine Lt Officer

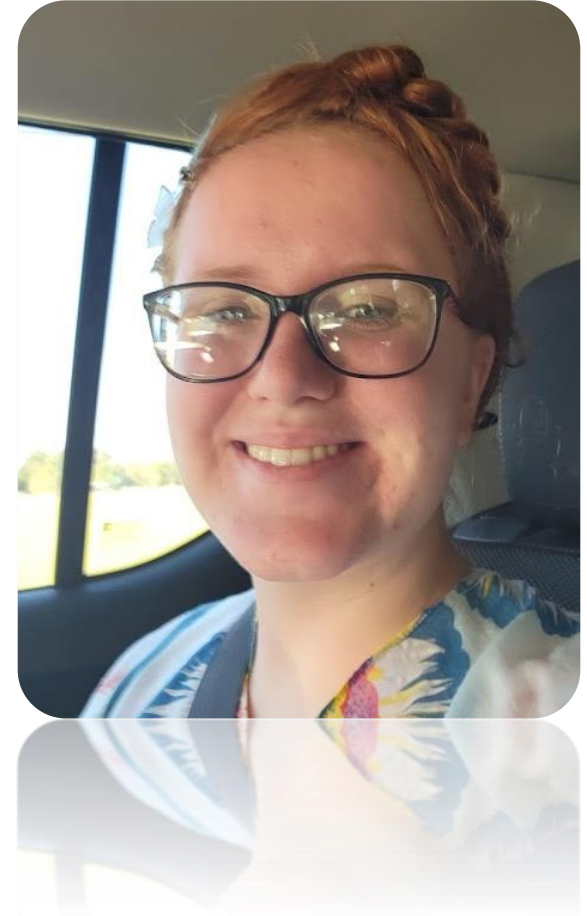
Childcare

Included in Childcare:

- Reading time
- Playing time
- Gospel Time
- At times crafts

Keona Frazar

- Keona is presently working at Love Comes First Daycare
- She attends First Assembly of God Church Old River and works in children's church
- She joined PRCE in March of 2021 because this ministry is close to her heart.
- She has a true servant's heart



Vasso Espinosa

- Vasso is a culinary teacher at Crosby high school.
- She brings fun crafts on the night she works to do with the kids.
- She is a faithful servant to Sacred Heart Catholic Church in Crosby.
- Vasso also has a true servant's as well.



Mommy Dollars

- Mommy dollars are earned by:
 - Attending classes - each class is 8 Mommy dollars
 - Completing their class worksheet- 5 Mommy dollars
 - Returning their homework- 5 Mommy dollars
 - Bringing a guest (double Mommy dollars) 18 years or older.
 - Watching videos and writing book reports- Varies
 - Attending church- Bringing back a sheet with the Pastor's signature or a church bulletin
 - Going to the doctor- Signed form 5 Mommy dollars.
 - Reading extra brochures on child rearing is an extra 5 plus 3 Mommy dollars when brochure is returned, etc.

With these Mommy dollars that are earned by the clients, they are then able to purchase items at the Hope Boutique to help them with the basic needs for new moms as they give birth. There are times they can purchase large items that have included; strollers, electric swings, breast pumps and car seats. (All determined by donations)

The Hope Boutique

(Candice Medrano)

The Cookie Jar:



- Mommy dollars are used to purchase whatever her baby needs at:
 - the Hope Boutique and The Cookie Jar Resale Shop.

This is the highlight of all the work that the women receive as they come to the classes, return their homework, participate in class, and participate in other opportunities to earn.

- Plus, this is what they really focus on and look forward to as their Mommy dollars build up.

Candice Medrano

- Candice has been a volunteer here at PRCE since 2008
- Became Hope Store Manager in 2012
- A member of Second Baytown for 28 years
- Has been married 32 years to her husband Victor and has one son, Victor Jr.

Hope Boutique



Special Speakers

- Every month that has a 5th Tuesday we have someone that comes in from the community. These are examples:
 - ReAct – training CPR
 - Medicaid – applying
 - Women's Care Center – services offered
 - Legacy – Healthcare and services

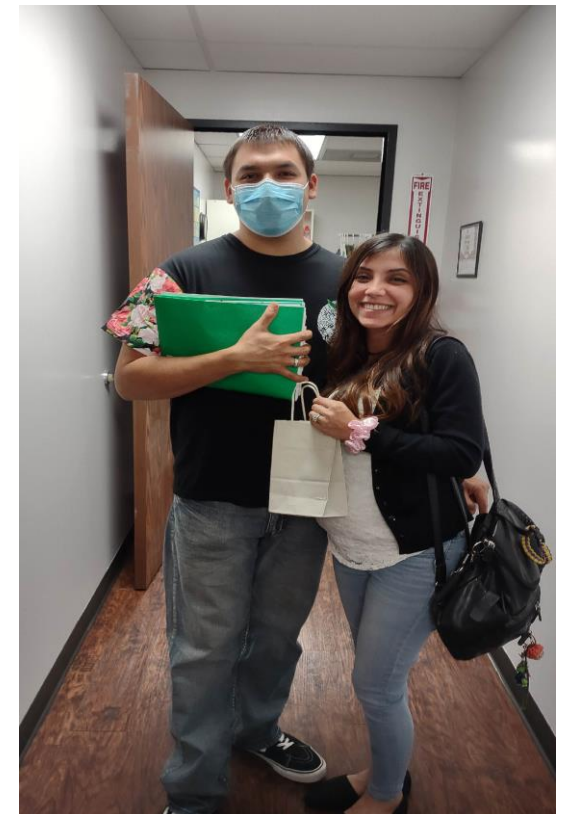
Updates:

- We have been busy reorganizing the program, getting lessons lined out.
- I added a new Challenge: Busy Queen Bee Challenge, Where they interact on Social media, on our Facebook page.

They can participate by:

- Adding Testimonials- \$10
- Interacting with post.

The one who interacts the most get's a prizes!

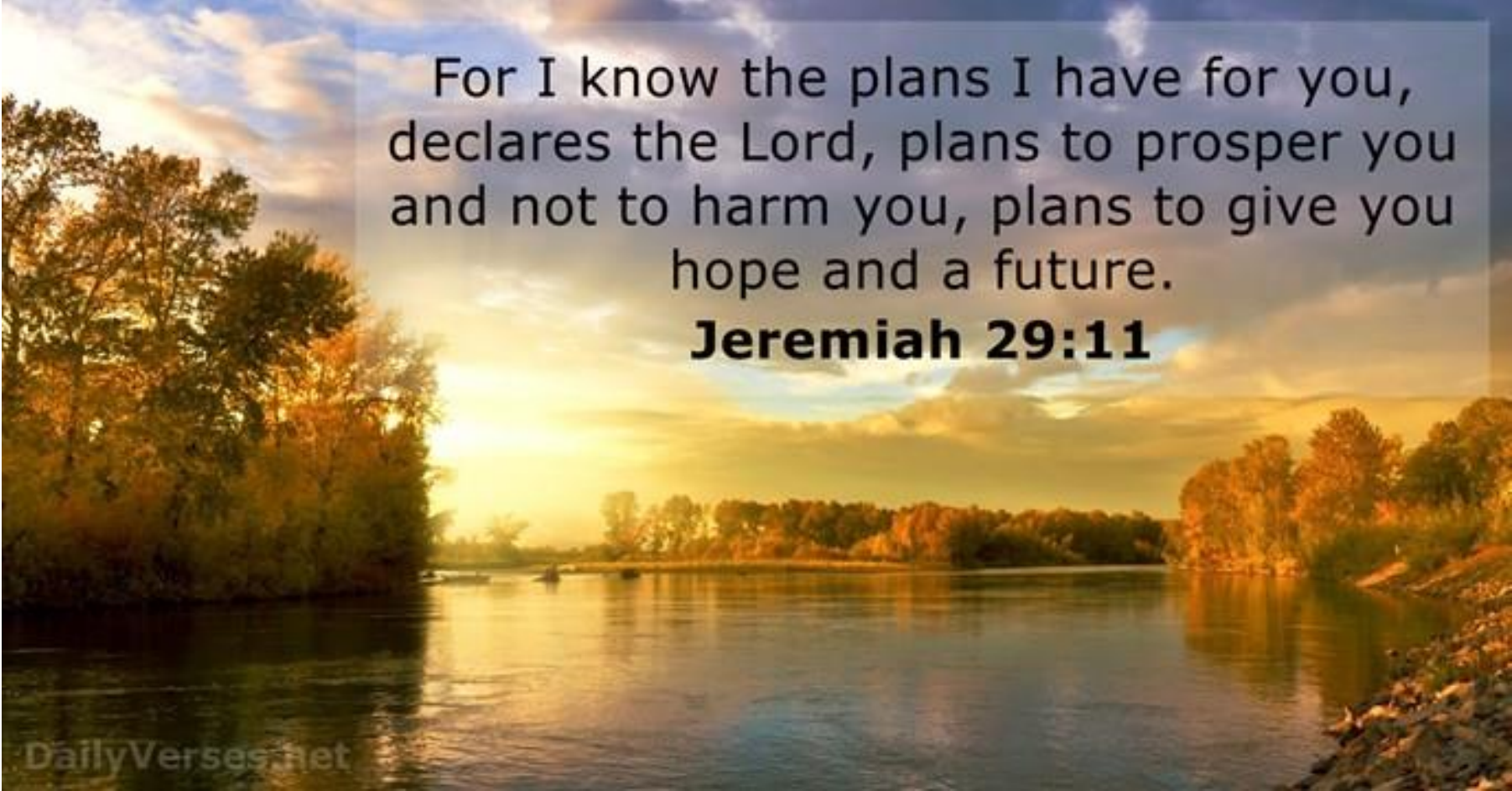


The Hope Box

This is where the advocates put the interested clients name and info so they can be contacted by Hope Program Coordinator.



PRCE's Founding Verse

A scenic landscape of a river at sunset. The sun is low on the horizon, casting a warm, golden glow across the sky and reflecting on the calm water. The sky is filled with soft, white and yellow clouds. On the left bank, there are dense trees with some autumn-colored foliage. The right bank is rocky and also has some trees. A semi-transparent rectangular box is overlaid on the upper right portion of the image, containing the text.

For I know the plans I have for you,
declares the Lord, plans to prosper you
and not to harm you, plans to give you
hope and a future.

Jeremiah 29:11

Hope Program News:

- This is the verse that our center has chosen to represent the PRCE. There could not be a better verse that stands for what the Lord thinks about each life that is formed in the womb! We are all here for a reason and not a mistake. We are loved and created in His image.

Testimonials:

- Current hope client response to program; *"We are so grateful for all that you ladies up at the PRCE Hope Program have done for us and our little growing family ! ♡ looking forward to Tuesday's class , Thank you all so much once again."*
- New clients have said this program has helped them prepare better for their upcoming delivery.
- CPS clients have been able to reunite with their families and have come to know the Lord through the Parenting class.
- Please continue to pray that we are fully equipped when clients are brought to us. Also, to remember that we are to get out of the way and not let the flesh take over. In other words,...be prayed up as we enter the center!

Assess your knowledge:



1. Name at least two of the Hope facilitators mentioned above?
2. In our Prenatal class, which two facilitators use a curriculum?
3. At what age does a child move from the Newborn/Infant class to the parenting class?
4. Is the parenting class strictly for the Hope clients?
5. Who is the facilitator for the relationship class?
6. In our childcare class, What are the three activities listed?
7. How many “mommy dollars” are earned for attending each class?
8. What two places can our clients use their mommy dollars?