

A conceptual image featuring two hands, one on the left and one on the right, reaching towards each other and holding the word "HOPE" in a bold, black, sans-serif font. The hands are silhouetted against a vibrant, multi-colored sky transitioning from a deep red and orange on the left to a bright yellow and blue on the right, with scattered white clouds. The word "HOPE" is positioned centrally between the hands, with the fingers of both hands gripping the letters. The overall mood is one of optimism and support.

**HOPE**

**Helping  
Others  
Pursue  
Eternity**

# Hi, my name is Julie.

- I am the Hope Coordinator here at the Center.
- A few details about me:
- I am a wife, Mom, and Nana to 6 awesome grandbabies!
- I have had a passion for the unborn for most of my life. It all started when I worked under Carol Everett in Round Rock, TX.
- I believe that EVERY life is a gift from God, and we are each here for a reason, and have a testimony to share.

# HOPE PROGRAM

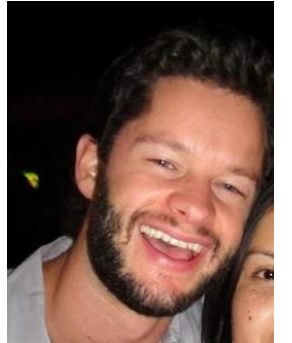
- Orientation
- Prenatal Classes – Tuesday Evenings
  - Tuesday – Tuesdays at 6:00
  - Facilitators: Dr. Diggs, Matt Potter, Annis Felicien, and Emily Rich.
- Newborn/Infant Classes- Facilitator- Sandy Allen
- Parenting Classes- Facilitator- Dave Unruh
- Bible Study Classes
  - Tuesday 7:00 P.M.- Facilitator- Bill & Sandy Allen
  - The Prenatal, Infant and Parenting class all use the Heritage House curriculum.

# More detail:

- Orientation: We have orientation for both our clients, as well as, the CPS clients that are part of our parenting class.
- Prenatal: On Tuesday evening the facilitators will each instruct their classes differently. Dr. Diggs and Matt Potter each have their own topics that they cover with the clients. I often hear much laughter from this class as they discuss the things to expect as they move closer to their exciting day of giving birth!
- We now have a few more Moms that have delivered their babies and the Newborn class is such a blessing to help them as they navigate through this wonderful season!
- I love that we have a Parenting class. I know that I could have benefited from this as I had so many questions about when do you start this and how do you react to that? Biblical parenting is what I really am blessed to see.
- Bill Allen is such a wonderful Relationship/Bible class Facilitator.. I have seen the women get so involved and I am thankful for Bill and Sandy as they have been patient as this class grows.
- Now, you will be able to see and read a little about each class and their Facilitators.

# PRENATAL CLASSES

- Once a month Dr. Diggs facilitates the Prenatal Class teaching various topics such as:
  - Overall health issues during pregnancy
  - Labor
  - Delivery
- Matt Potter instructs on:
  - Foods to avoid during pregnancy
  - Weight gain
  - Healthy and unhealthy foods
- Once a month Annis Felicien facilitates the Prenatal Class
- Also, once a month Emily Rich facilitates the Prenatal Class



**Both Annis and Emily have a DVD that goes with their lesson.**

**Each client is given a worksheet to go along with the DVD, as well as a homework sheet.**

**Each one of these sheets are worth 5 “Mommy Dollars” to the client. I truly believe that the incentive of these “mommy dollars”, are a great asset for our clients where so many expenses start to add up with diapers, clothes, etc.**

# NEWBORN/INFANT CLASS

- This class is for our clients who are new mothers.
- This class covers the new mothers from birth to six months of age of the baby, when they will then move up to the Parenting class.
- Mrs. Sandy Allen facilitates this class. This curriculum covers subjects such as:
  - Immunizations
  - Infant nutrition
  - Infant CPR
  - The Importance of Bonding
  - Infant Hygiene
  - Car Seat Safety



*This class also has a DVD session, worksheets and homework sheet.*

*By the way, Sandy, Bill, and Dave facilitate every week. (Thank you Lord for them)*

# PARENTING CLASS

- This class is designed for clients whose children are six months to one year.
- This class also includes some that have been required to attend from the legal system.
- Dave Unruh facilitates the parenting class weekly.
  - Keys to successful parenting
  - Developing a close knit family
  - Providing Loving Support for your Child
  - Setting Limits - Boundaries
  - Discipline
  - Step parenting
  - At the end of this class, they will then graduate and receive a certificate and a book.



# Parenting (Continued):

At the end of this class they will receive a certificate, as well as a book. This is quite the accomplishment as they have attended the program for ONE year!

I think this is a wonderful gift to young parents as they navigate through all of life's issues. Where was this class when I had my children?

By the way, Dave instructs EVERY week as well! We are so blessed to have such gifted men and women of God!



# BIBLE STUDIES

The Tuesday evening Bible class is taught by Bill Allen.

- Teaching a series on “Relationships”
- Also, uses a curriculum with class work and homework sheets.
- I also thank God for Bill as he is here every week and ready to teach! So many of the things he says to the clients, I wish I had known as a young Mom...



# CHILD CARE PATY SPAULDING

- Reading time
- Playing time
- Gospel Time
- In addition to Paty being an excellent childcare facilitator, she is also a **Teacher and is bi-lingual.**



Paty is the kind of person that when she see her, you have to smile. She has a way with children, and I think this is pretty amazing that she leaves her job as a teacher and comes here to serve our clients children.

As of now, we are not able to have childcare due to Covid. But, Paty has helped us in so many ways besides childcare through this “new world” we live in.

# MOMMY DOLLARS

- Mommy dollars are earned by:
  - Attending classes- each class is 8 Mommy dollars
  - Completing their class worksheet- 5 Mommy dollars
  - Returning their homework- 5 Mommy dollars
  - Bringing a guest
  - Watching videos and writing book reports- Varies
  - Attending church- Bringing back a sheet with the Pastors signature or a church bulletin
  - Going to the doctor- Signed form

With these Mommy dollars that are earned by the clients, they are then able to purchase items at the Hope Boutique to help them with the basic needs for new moms as they give birth.

As you can see above, there are many ways to earn Mommy dollars to help them purchase necessary items, as well as big purchase items.

# *The Hope Boutique*

*(Candace Medrano)*

## *The Cookie Jar:*

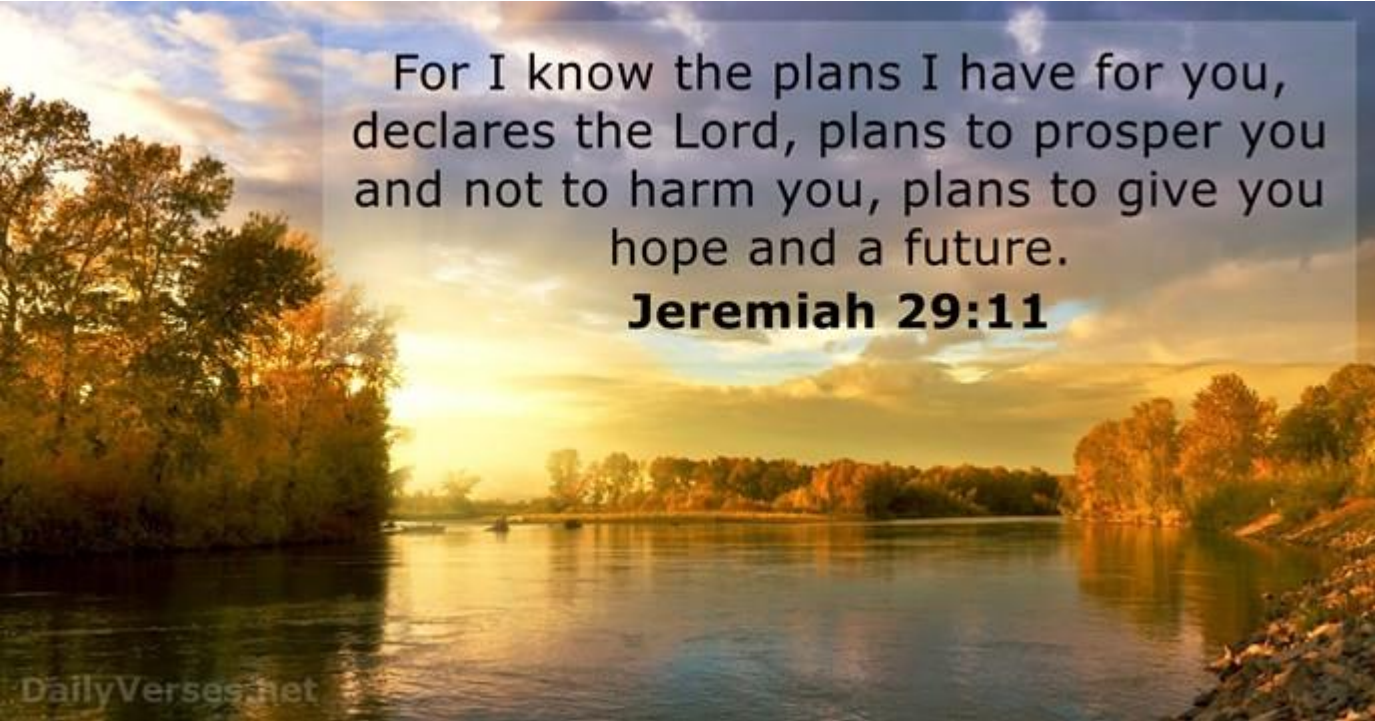
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- Mommy dollars are used to purchase whatever her baby needs at:
  - the Hope Boutique and the Cookie Jar.
  - This is the highlight of all of the work that the women receive as they come to the classes, return their homework, participate in class, and many more other options.
  - Plus, this is what they really focus on and look forward to as their Mommy dollars build up.

# Well, what's new here with the Hope Program???

- Pre-Covid, we were having a birthday celebration time for Moms each month. I hope to restart this as soon as we are officially cleared!
- We started during this time having options for those who can not attend class by having online work for them to do to keep their Mommy dollars intact.
  - H-elping
  - O-thers
  - P-ursue
  - E-ternity
- I pray that as each women completes her time here at the center, that she knows that God has her in the palm of His hand and that she is created in his image. This child was not a mistake, but a gift from God to be treasured...

A scenic landscape of a river at sunset. The sun is low on the horizon, casting a warm, golden glow across the sky and reflecting on the water. The sky is filled with soft, white and grey clouds. The river flows from the foreground towards the background, with trees lining both banks. The trees on the left are tall and dense, while the trees on the right are shorter and more sparse. The water is calm, with gentle ripples. The overall mood is peaceful and serene.

For I know the plans I have for you,  
declares the Lord, plans to prosper you  
and not to harm you, plans to give you  
hope and a future.

**Jeremiah 29:11**

# Hope Program News:

- This is the verse that our center has chosen to represent the PRCE. There could not be a better verse that stands for what the Lord thinks about each and every life that is formed in the womb! We are All here for a reason and not a mistake. We are loved and created in His image.
- Testimonials:
- Past clients have expressed how much this program helped them with prior births and how thankful they are to have this in Baytown.
- New clients have said this program has helped them prepare better for their upcoming delivery.
- CPS clients have been able to reunite with their families and have come to know the Lord through the Parenting class.
- Please continue to pray that we are fully equipped when clients are brought to us. Also, to remember that we are to get out of the way and not let the flesh take over. Another wards...be prayed up as we enter the center!

In closing, I want to first of all thank the Lord for the opportunity to be able to be a part of this wonderful program. I also want to thank Betty, as she was an amazing mentor and witness to me!

The Lord has brought people in my life here at the center during one of the most difficult times of my life.

To God be the glory as He has carried my family and I through a season that at times, I wondered how I would get through each hour of each day.

**My favorite verse-Isaiah 40:31:** For those who trust in the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.



# Assess your knowledge:



- 1. Name at least two of the Hope facilitators mentioned above?
- 2. In our Prenatal class, which two facilitators use a curriculum?
- 3. At what age does a child move from the Newborn/Infant class to the parenting class?
- 4. Is the parenting class strictly for the Hope clients?
- 5. Who is the facilitator for the relationship class?
- 6. In our childcare class, what occupation is our facilitator?
- 7. How many “mommy dollars” are earned for attending each class?
- 8. What two places can our clients use their mommy dollars?
- 9. Trick question- Don’t peek- Is the person in charge of the Hope Boutique a brunette or a blonde?
- 10. Who did I mention that trained me and was my mentor?